



CANVI OFERTA AADD A PARTIR DE DILLUNS 26 D' OCTUBRE

PELL

	DILLUNS			DIMARTS			DIMECRES			DIJOUS			DIVENDRES		
20:00h	ZUMBA	45'	S1	BODYBALANCE	45'	S1	ZUMBA	45'	S1	BODYBALANCE	45'	S1	ZUMBA	45'	S1
	SPINNING	45'	SPIN	SPINNING	45'	SPIN	SPINNING	45'	SPIN	SPINNING	45'	SPIN	HBX BOXING	45'	S1
20:15h	CROSS TRAINING	30'	EXT	CROSS TRAINING	30'	EXT	CROSS TRAINING	30'	EXT	CROSS TRAINING	30'	EXT			
	DIUMENGES I FESTIUS														
10:00h	CROSS TRAINING	45'	EXT												
11:00h	CROSS TRAINING	45'	EXT												

CM

	DILLUNS			DIMARTS			DIMECRES			DIJOUS			DIVENDRES		
19:30h	CROSS TRAINING	30'	EXT	CROSS TRAINING	30'	EXT	CROSS TRAINING	30'	EXT	CROSS TRAINING	30'	EXT	CROSS TRAINING	30'	EXT
20:00h	BODYPUMP	45'	S1	SH'BAM	45'	S1	BODYBALANCE	45'	S1	ZUMBA	45'	S1	BODYPUMP	45'	S1
	CORRER	45'	HALL				AQUAFIMAT	45'	PISC						
	CYCLING	45'	SC	CYCLING	45'	SC	CYCLING	45'	SC	CYCLING	45'	SC			

TOTS ELS SERVEIS DEL CENTRE FINALITZARAN A LES 20:45H